

Packing for Trips Checklist

You do not have to do everything on this checklist to be prepared for your trip. This checklist provides ideas and a reminder list so that you can pack everything that you really need for your trip. Be sure to write in your own ideas and feel free to e-mail those ideas to me at jmaxwell@myrealmarriage.com.

Be aware of where you are going and the possible changes in weather. It may be summer time yet it still gets cool or downright cold at higher elevation so be prepared. This is just one example.

Unless you want to add to your clothing on your trip it is a good idea to take one or two extra of everything just in case. This is not the checklist for your backpacking trip though.

Men

- Underwear
- Socks (casual, dress)
- Pants (casual, dress)
- Belts (casual, dress)
- Shirts (casual, dress)
- Swimming attire
- Ties
- Hats
- Suits
- Shoes (casual, dress)
- Jewelry
- Coats
- Gloves
- Gaiters (neck, leg)

Women

- Underwear
- Lingerie
- Socks (casual, dress)
- Pants (casual, dress)
- Skirts (casual, dress)
- Dresses (casual, dress)
- Belts (casual, dress)
- Shirts/blouses (casual, dress)
- Swimming attire
- Scarves
- Hats
- Suits
- Shoes (casual, dress)
- Jewelry
- Coats

- Gloves
- Gaiters (neck, leg)

Toiletries (Often in one bag so this is one list)

- Medication
- Toothbrush
- Toothpaste
- Dental floss
- Razor/shaver
- Shaving cream/gel
- Aftershave/cologne/perfume
- Shampoo
- Conditioner
- Soap
- Bath salts/oils/etc
- Bubble bath
- Comb
- Brush
- Make-up
- Lotion
- Fingernail clippers
- Toenail clippers
- Other nail care products
- Contacts
- Contact case
- Contact solution
- Extra pair of glasses
- Cotton swabs
- Massage Oil/lotion
- Personal lubricant
- Birth control